

## INFORMATION FOR PARENTS:

## VIERS Summer Eco-Camp 2017

**Description of lodging:** Your child will be sharing a dormitory style cabin room with up to seven other eco-campers about their same age. The cabins have twin beds/cots and a pillow is provided for each bed. Boys and girls have separate cabins.

### **What to bring:**

- |   |  |   |                               |
|---|--|---|-------------------------------|
| ☀ | Twin bed sheets and pillow case                                  | ☀ | Hat for sun protection        |
| ☀ | Bath and beach towels  | ☀ | Walking shoes with socks      |
| ☀ | Personal toiletries: toothbrush, toothpaste, soap, shampoo, etc. | ☀ | Bathing suit                  |
| ☀ | Few old shorts and t-shirts                                      | ☀ | Sandals for beach and showers |
| ☀ | Underwear and sleepwear  | ☀ | Waterproof sunscreen          |
|   |  | ☀ | Optional: Flashlight          |

**VIERS is not responsible for missing cell phones.**

**Each camper will be provided with a reusable water bottle and camp t-shirt.**

**Snorkeling gear:** VIERS has most sizes, but it is ok to bring your own mask.

### **What not to bring:**

- ☀ No electronic music, computers, video or game devices are allowed in use during camp
- ☀ No alcohol, cigarettes, or illegal drugs will be allowed
- ☀ No clothes with tobacco, alcohol, illegal drugs, or inappropriate words or graphics
- ☀ No posters (No posting of anything on cabin walls)
- ☀ No matches, lighters, candles or lightable bug repellants
- ☀ No aerosol spray bug repellent
- ☀ No water guns or weapons of any kind

**Cell Phones:** Cell phone use is not permitted during the camp activities without VIERS staff permission. VIERS no longer has a payphone. Cell phones may be used during some free time but not during lessons.

**Personal prescription medications:** VIERS staff can only administer certain prescription medications accompanied by a parental permission note which has been prearranged.

**Items available for sale:** The camp store has a selection of bottled water, juices, Gatorade, sodas, candies, cookies, and chips. There will be supervised time for the purchase of snacks and we limit the amount of snacks each camper can purchase per day. Though three hearty and healthy meals are provided, as part of the summer camp experience you may wish to send your child with some snack money. We suggest that it not exceed \$10 total. VIERS is not responsible for lost money.

**Camp duties:** Your child will participate (in a team) with camp duties such as washing dishes and keeping cabins clean and tidy.

**Swimming:** Please indicate your child's swimming abilities on the registration form. VIERS staff will be assigned to lifeguard at all times while at the beach and there will be close supervision. Non-swimmers will be exposed to a gentle water orientation by trained personnel.

**Hiking:** Please be aware that your child will be hiking/walking several times during the camp. Some of the trails are rocky and though they are not far distances, they do require physical effort.